



Self Check AED Maintenance Log

Overview

Regularly maintaining your AED is essential to ensure it's always ready for use in an emergency.

Here are the steps to maintaining your AED:

- **Check your battery life and expiration dates**
 - Most AEDs have a battery indicator showing the current charge level.
 - **Replace the battery immediately if it is low or approaching its expiration date.**
- **Inspect the electrode pads** and other consumables (e.g., scissors, razors).
 - **Check the expiration dates** on these items.
 - Replace items if they are expired.
 - **Ensure the electrode pads are not damaged or dried out.**

Log Book

Date		
Battery Level Check		
Battery Expiry Date		
Inspect Electrode Pads		
Electrode Pads Expiry Date		
Other Items		
Notes		

