



## Mandatory Items In Ontario First Aid Kits

Items	Purpose	Number of Items	Checklist
Examination Gloves	Examination Gloves protect the first-aider and injured party against cross-contamination	1 Pair	
Pressure Bandage 4"	Pressure Bandages serve several purposes in first aid and medical care such as: control bleeding, pressure and promote clotting.	2 Bandages	
Triangular Bandage	Triangular Bandages are used for various purposes in medical emergencies such as slings, splints, pressure dressing, and a head bandage.	1 Bandage	
Conforming Bandages 2"	Conforming bandages are made from a stretchable material that conforms closely to the contours of the body, providing a secure and comfortable fit.	2 Bandages	
Gauze Pads 3"x3"	Gauze pads are used for wound dressings, cleaning, applying pressure, padding and applying medication.	4 Gauze Pads	
Adhesive Bandages	Adhesive bandages are used for wound protection, absorption, hemostasis, comfort, and for promoting healing.	12 Bandages	
Safety Pins	Safety pins help secure dressings.	12 Pins	
First Aid Guide	First Aid Guide typically contains essential information and instructions on how to respond to various medical emergencies and injuries.	1 Guide	
Disinfectant Pads	Disinfectant pads cleanse the wound area, reducing the risk of infection.	6 Alcohol Pads	
CPR Shield	CPR Shield is a protective device used during cardiopulmonary resuscitation (CPR) to provide a barrier between the rescuer and the person receiving CPR.	1 Shield	